

Recommendations for Bed Band set up instructions

Step	Text	Images
1	Adjust bed height as required	-
2	Ensure bed is in a flat position	-
3	Ensure correct positioning of base unit: <ul style="list-style-type: none">· align the bottom of the base unit with the bed crease· ensure that the base unit is aligned centrally· ensure that the base unit is sufficiently secure with no creasing	Provide a front-on image depicting the correct placement of the Bed Band in situ
4	Secure all (eight) side straps to the bedframe: <ul style="list-style-type: none">· lift mattress to reveal the side bars on bedframe· loop side straps around the side bars on bedframe· advise that it is not necessary to secure the side straps in any particular order· secure side straps to the base unit using Velcro components	Provide an image that depicts straps being attached around the appropriate side bars on the bed frame (underneath the mattress). Consider alternative image showing incorrect placement (e.g., around cot sides)
5	Adjust bed height as required for patient placement	-
6	Advise patient to lie on bed/Bed Band	-
7	Elevate the head of the bed: <ul style="list-style-type: none">· ensure a comfortable semi-recumbent position· apply strategic positioning support as required (e.g., knee bend)	--
8	Position support cushions: <ul style="list-style-type: none">· position cushions under patient's axilla· ensure cushions are fitted tight to the patient's torso· Ensure both cushions are positioned at an equal height	-
9	Place pillow under patient's head	-

General recommendations

Text	Images
<ul style="list-style-type: none">· Ensure that text is legible using a large font· Specify number of people required to set up the Bed Band· Include instructions for cleaning the Bed Band	<ul style="list-style-type: none">· Ensure images are sufficiently large and in high resolution colour· Provide diagrammatic representation of Bed Band with key components (e.g., base unit/side straps/support cushions) labelled