

Table 1. Competency framework

Competency	Details
1. Qualifications and experience	
Qualifications	<ul style="list-style-type: none"> Pharmacist independent prescriber registered with the General Pharmaceutical Council Secondary care clinical diploma
Experience	<ul style="list-style-type: none"> Experience of working on cardiology wards as a pharmacist Integrated into the cardiology multidisciplinary team Understanding of the roles of all multidisciplinary team members (e.g. community cardiac rehab, cardiology psychologist); know how and when to refer to them
2. Knowledge	
Cardiology	<ul style="list-style-type: none"> Basic cardiac anatomy Presentation and diagnosis of MI – NSTEMI and STEMI, troponin changes, and ECG Angiogram and PCI procedures and reports Basic principles of cardiac stents ECHO test and interpretation of report findings Relevant conditions: <ul style="list-style-type: none"> Angina Heart failure Hypertension Atrial fibrillation and stroke prevention

	<ul style="list-style-type: none">○ Lipid management and familial hypercholesterolaemia○ Diabetes● Normal progress / recovery timeline after MI● Lifestyle advice (smoking cessation, exercise, flying, driving, cardiac rehab exercise programmes, diet, return to work)● Risk scoring tools (CHA₂DS₂-VASc, GRACE, TIMI, HAS-BLED, PRECISE-DAPT)
Laboratory results and actions	<p>The following blood tests, normal limits, and reasons for deranged results:</p> <ul style="list-style-type: none">● Urea and electrolytes● Full blood count● Liver function tests● HbA1c (limits for no diabetes, pre-diabetes, and new diabetes)● Full lipid profile
Medication classes	<ul style="list-style-type: none">● Antianginals● Antiarrhythmics (for rate and rhythm control)● Anticoagulants● Antiplatelets● Dual antiplatelet strategies (including assessment for extended duration antiplatelet therapy)● Triple therapy guidance

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- Antihypertensives
 - Lipid-modifying drugs
 - Diuretics
 - Post-MI secondary prevention
 - Oral hypoglycaemic agents and insulin
 - Gastrointestinal protection

For each of these classes:

- Mechanisms of action
- Rationale for use
- Monitoring
- Contraindications and cautions
- Side effects
- Interactions
- Dose adjustments
- Likely durations for treatment
- Equivalent doses between drugs (in class and between classes)
- Link to interpretation of history, results, symptoms

Cardiology guidelines

These include (but are not limited to) relevant guidelines from:

- National Institute for Health and Care Excellence (NICE)
 - Scottish Intercollegiate Guidelines Network (SIGN)
 - Joint British Societies (JBS)
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- European Society of Cardiology (ESC)

3. Skills

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| Cardiac symptoms since MI / discharge | <ul style="list-style-type: none">• Take clinical history of any angina, chest pain, shortness of breath, dizziness, palpitations, pedal oedema• Assess symptoms, make a management plan, undertake or recommend monitoring, know red flags and referral criteria• Understand possible anxiety post-MI |
| Practical clinical skills | <ul style="list-style-type: none">• Take heart rate and blood pressure; understand normal limits and trends• Assess weight• Assess physical symptoms and side effects (e.g. rash, chest pain, musculoskeletal pain, indigestion)• Request blood tests if required, and provide appropriate follow-up or monitoring plan• ECG interpretation (advanced) |
| Cardiology medicines optimisation | <ul style="list-style-type: none">• Apply evidence-based medicine to offer patient-centred, high-quality, safe and cost-effective prescribing• Explore medicines-taking behaviours• Identify nonadherence behaviours• Recognise polypharmacy and de-prescribe unnecessary medication(s) |
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	<ul style="list-style-type: none">• Understand principles of medicines reconciliation to allow accurate medication history and communication of changes with GP and patient
Consultation communication skills	<ul style="list-style-type: none">• Provide patient-centred care and support patients to achieve better outcomes from their medicines• Lead discussion and shared decision-making around medications to empower patients• Identify medication adherence issues• Discuss risks and benefits of medication to support decision-making• Manage difficult conversations; overcome communication barriers• Provide clear information, and plan for monitoring and follow-up• Check patients' understanding
<hr/> 4. Practicalities of clinic management <hr/>	
Local IT systems	<p>Know how to use IT systems to access patients results, clinical records and appointments; relevant systems may vary locally, but those used at our centre include:</p> <ul style="list-style-type: none">• EPRO, for letter writing, PCI letter• Cardiobase, for ECHO test results• PPM+, for test results, patient history, discharge letters, GP tab for current medications, ECHO and PCI reports

	<ul style="list-style-type: none">• ICE, to request blood tests and see some out-of-area blood tests
Record keeping	<ul style="list-style-type: none">• Dictation of clinic letters to GP and patient• Document history, clinical findings, monitoring and plan in medical notes and letter• Arrange referral and follow-up
Clinic management	<ul style="list-style-type: none">• Triage patients to the post-MI medicines optimisation clinic• Management of medical notes• Timekeeping for consultations• Outpatient booking procedures, criteria for arranging follow-up and referrals

ECG, electrocardiogram; ECHO, echocardiogram; GRACE, Global Registry of Acute Coronary Events; HAS-BLED, hypertension, abnormal renal and liver function, stroke, bleeding, labile international normalised ratio, elderly, drugs or alcohol; HbA1c, glycated haemoglobin; MI, myocardial infarction; PRECISE-DAPT, **predicting bleeding complications in patients undergoing stent implantation** and subsequent dual antiplatelet therapy; NSTEMI; non-ST-elevation MI; PCI, percutaneous coronary intervention; STEMI, ST-elevation MI; TIMI, thrombolysis in MI.