

Appendix A: Same-day Outpatient total joint arthroplasty review criteria

High risk conditions –not appropriate for same-day

Medical

- Bleeding disorder
- Liver cirrhosis
- Renal disease > stage 2 (Estimated glomerular filtration rate <89)

Social

- Inability to participate in preoperative counselling (i.e., lack of mental capacity, lack of means of transportation)
- Lack of social support system (help in the home post-operatively)

Moderate risk conditions

If 2 or more, please consult with anesthesia to book for day case

Medical

- Age > 80 years
- American Society of Anesthesia classification (ASA) > 3
- Significant or untreated obstructive sleep apnea
- Current, or history of significant cardiac disease
- Poor controlled diabetes mellitus
- Body mass index > 40
- Complex joint surgery
- Chronic pain patient/chronic opioid use
- Alcohol abuse

Social

- Inability to have support x minimum 4 days post-op

Ideal same-day candidates

Medical

- ASA 1,2
- Minimal or well-controlled comorbidities
- Good baseline physical fitness
- Non-complex primary joint
- Body mass index <40
- No chronic opioid use
- Minimal to no alcohol/cannabis use
- No illicit drug use

Social

- Support at home \geq 4 days post-op

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