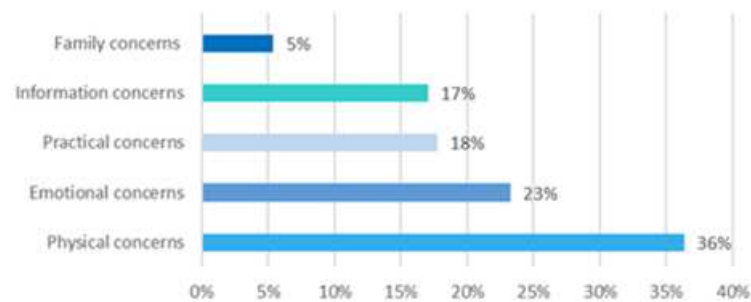
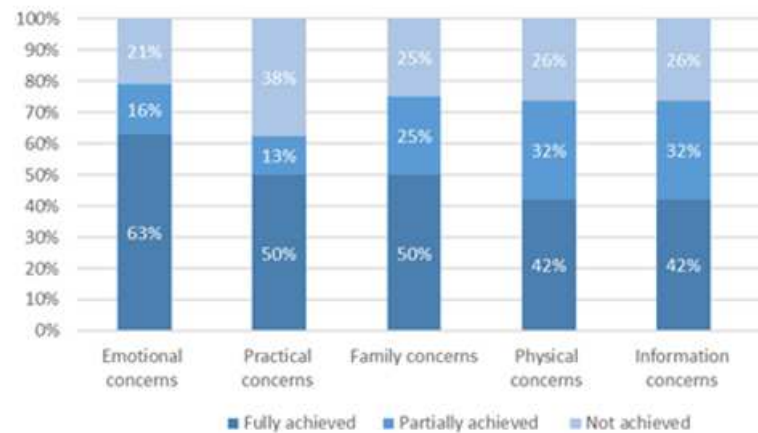


**Online Data Supplement 2:**

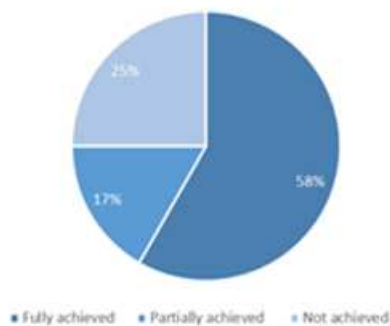
Visual illustrations of findings



Number of HNA self-management goals set at ARC clinic



Number of HNA self-management goals achieved at ARC clinic follow-up



Number of goals achieved overall