

**Supplemental Figure 1: 9-item telephone survey**

Great! First, I'd like to ask –

1. Did you receive discharge instructions from the nurse about symptoms that are concerning enough to contact a health care provider?
  - a. Yes
  - b. No

I'm going to go through a few scenarios and with each scenario, I ask that you pick the option of what you would do if any of these things happened to you today.

1. It's 10 o'clock at night and you just put your newborn to bed. You noticed a pain in your chest that does not go away despite laying down and taking TUMS. It seems to be getting worse. Would you:
  - a. Call 911
  - b. Call your provider and if you can't reach your provider call 911 or go to an ER
  - c. Wait until your next clinic appointment
  - d. Do nothing
2. Your bleeding has improved over the last few days but now you notice that you are soaking through more than 1 pad/hour and are passing large clots. You otherwise feel fine. Would you:
  - a. Call 911
  - b. Call your provider and if you can't reach your provider call 911 or go to an ER
  - c. Wait until your next clinic appointment
  - d. Do nothing
3. You're taking a walk outside and you notice that you are becoming increasingly short of breath. You have to stop to catch your breath before continuing. Would you:
  - a. Call 911
  - b. Call your provider and if you can't reach your provider call 911 or go to an ER
  - c. Wait until your next clinic appointment
  - d. Do nothing
4. Your friend has come over to visit the new baby. Mid conversation your friend notices that you start to have uncontrolled convulsions and you cannot answer his or her questions. When you recover, your friend describes what happened. Would you:
  - a. Call 911
  - b. Call your provider and if you can't reach your provider call 911 or go to an ER
  - c. Wait until your next clinic appointment
  - d. Do nothing

5. You had a c-section or vaginal repair and you notice that the pain has not improved or there is foul smelling discharge. It does not seem like things are getting better. Would you:
  - a. Call 911
  - b. Call your provider and if you can't reach your provider call 911 or go to an ER
  - c. Wait until your next clinic appointment
  - d. Do nothing
  
6. You've noticed that you have a headache. Despite taking Tylenol and getting in a nap, you still wake up with a headache and sometimes you even have spots in your vision. Would you:
  - a. Call 911
  - b. Call your provider and if you can't reach your provider call 911 or go to an ER
  - c. Wait until your next clinic appointment
  - d. Do nothing
  
7. You're not feeling well and so you take your temperature. It reads > 100.4. Would you:
  - a. Call 911
  - b. Call your provider and if you can't reach your provider call 911 or go to an ER
  - c. Wait until your next clinic appointment
  - d. Do nothing
  
8. You love your newborn but you've become increasingly frustrated over the lack of sleep and things do not seem to be getting better. Sometimes you have thoughts of hurting yourself or your baby. Would you:
  - a. Call 911
  - b. Call your provider and if you can't reach your provider call 911 or go to an ER
  - c. Wait until your next clinic appointment
  - d. Do nothing
  
9. You put your feet up at the end of a long day and you realize that your right leg is bigger than the other, is painful or warm compared to the left leg but you know that some swelling after delivery is normal. Would you:
  - a. Call 911
  - b. Call your provider and if you can't reach your provider call 911 or go to an ER
  - c. Wait until your next clinic appointment
  - d. Do nothing