

Appendix 1: LifeQI™ change score descriptions

| Change Score | Summary | Description |
|---------------------|------------------------------------|---|
| 0.5 | Intent to participate | Project has been identified, but the charter has not been completed nor team formed. |
| 1.0 | Charter and team established | A charter has been completed and reviewed. Individuals or teams have been assigned, but no work has been accomplished. |
| 1.5 | Planning for the project has begun | Organisation of the project structure has begun (such as: what resources or other support will likely be needed, where will focus first, tools/materials need gathered, meeting schedule developed.) |
| 2.0 | Activity, but no change | Initial cycles for team learning have begun (project planning, measurement, data collection, obtaining baseline data, study of processes, surveys etc.) |
| 2.5 | Changes tests, but no improvement | Initial cycles for testing changes have begun. Most project goals have a measure established to track progress. Measures are graphically displayed with targets included. |
| 3.0 | Modest Improvement | Successful test of changes have been completed for some components of the change package related to the team's charter. Some small scale implementation has been done. Anecdotal evidence of improvement exists. Expected results are 20% complete. |
| 3.5 | Improvement | Testing and implementation continues and additional improvement in project measures towards goals is seen. |
| 4.0 | Significant improvement | Expected results achieved for major subsystems. Implementation (training, communication etc.) has begun for the project. Project goals are 50% or more complete. |
| 4.5 | Sustainable improvement | Data on key measures begin to indicate sustainability of impact of changes implemented in system. |
| 5.0 | Outstanding sustainable results | Implementation cycles have been completed and all project goals and expected results have accomplished. Organisational changes have been made to accommodate improvements and to make the project changes permanent. |