

Healthy Beginnings Antenatal Program Criteria

Condition	PPROM	Preterm Labour	Hypertension	Decreased Placental Function	Multi-fetal Gestation	Cholestasis	Antepartum Hemorrhage
Gestation	24 – 37 wks	24 - 34 wks	24 – 40 wks	24-37 wks	24 – 37 wks	Up to 37 wks	24-37 wks
Criteria for Admission	ROM confirmed (US, nitrazine, ferning, pooling)	Uterine contractions < 10 min. apart and/or progressive cervical changes) If short cervix is a concern, length < 2.5 cm	BP 140/90 - 150/105; on 2 occasions at least 6 hours apart	Fetal weight 3 rd – 10 th percentile Normal Doppler AFI > 3 cm BPP 8/8	Confirmed by U/S S/S of: <ul style="list-style-type: none"> PTL Hypertension and/or Decreased placental function 	Elevated serum bile acids Pruritis	APH: <ul style="list-style-type: none"> -Less than 3 bleeding episodes -Bleeding has resolved for 48 hrs -Inpatient for 48 hrs Previa: <ul style="list-style-type: none"> Complete previa or placenta <2cm from cervical os Access to telephone and transportation at ALL times
Limits	Absence of: <ul style="list-style-type: none"> active labour uterine tenderness active bleeding foul smelling vaginal discharge AFI > 3 cm Cephalic presentation	Maximum cervical dilation: 3 cm Absence of chorioamnionitis No vaginal bleeding	Absence of S/S of severe GH and/or HELLP Blood work: <ul style="list-style-type: none"> ALT < 40 u/L LDH < 200 u/L Platelets > 100,000/mm Serum creatinine < 100 mmol/L Proteinuria ≤ 2+/100 mg/dL	Not < 3rd percentile No absent end-diastolic cord artery Doppler flow ≤ 4 contractions per hour No vaginal bleeding	Meets criteria of other condition(s) Membranes intact Special situations: Require perinatology referral <ul style="list-style-type: none"> Twin to twin transfusion @ 24-37 wks DA/MC twins @ 24-37 wks Triples @ 24-37 wks 	Abnormal BPP/NST	Hgb ≤ 104 g/L Active vaginal bleeding Abnormal BPP/NST Abdominal pain Contractions >6 per hour
Other	Antibiotics as per protocol GBS swabs sent						Reside 30 minutes from nearest hospital able to support GA