

Acute Kidney Injury: The Kidney5 Care Bundle

[Please use as soon as AKI identified]

Initial Assessment using the ABCDE approach, respond to the Early Warning Score, and specify an appropriate escalation plan		Time Done	Reason Not Done
1. S epsis	<ul style="list-style-type: none"> Treat on Sepsis6 Pathway if criteria present + Assess 3,4,5 below 		
2. H ypovolaemia	<ul style="list-style-type: none"> Restore haemodynamic status <ul style="list-style-type: none"> IV crystalloid bolus (0.9% Saline or Hartmann's solution 500ml over 15mins; 250ml if h/o cardiac failure; use 0.9% saline if $K^+ > 5.5$mmol/L) Assess and repeat according to clinical response If oliguric despite adequate fluid resuscitation, match urine output and monitor for pulmonary oedema 		
3. O bstruction	<ul style="list-style-type: none"> Organise ultrasound of renal tract based on assess from history, physical examination and the following: <ul style="list-style-type: none"> Suspected pyonephrosis (within 6 hrs) No identified cause of AKI (within 24 hrs) Identified cause of AKI: USS not mandatory 		
4. U rine Analysis	<ul style="list-style-type: none"> Perform and document IN ALL patients AS SOON AS AKI identified: Interpret in clinical context. AKI with no clear cause + haematuria and proteinuria with no urosepsis or catheterisation: Consider autoimmune causes 		
5. T oxins	<ul style="list-style-type: none"> Review Medications: Avoid (nephrotoxins) and Adjust (dose of drugs with renal excretion) Other Toxins: Consider Myeloma, Rhabdomyolysis, Haemolytic Uraemic Syndrome , Malignant Hypertension 		

Document and Treat Cause(s): _____ / _____ / _____

Specify Monitoring Frequency:

Clinical

Urine Output

Investigations

Treat Complications of AKI

- **Hyperkalaemia** ($K > 6.0$ mmol/L): 10ml 10% calcium gluconate if ECG changes; $K > 6.5$ mmol/L: Insulin 10 IU in 50ml of 50% dextrose over 15 mins with salbutamol 2.5-5mg nebulised.
- Refer if persistent ($K > 6.0$ mmol/L) after medical treatment. * Refer early if oliguric hyperkalaemia.
- Consider escalation, where appropriate, in patients with airway, breathing, circulation instability after appropriate initial measures.
- **Acidosis**: Hyperkalaemic with no fluid overload (250-500ml 1.26% NaHCO_3). Do not use if in pulmonary oedema.
- **Fluid overload**: Loop diuretics not indicated. Seek renal or ICU advice. May be considered if patient waiting for dialysis develops fluid overload.

Referral Criteria

- AKI Stage III
- Persistent Oliguria and/or rising creatinine despite having completed Kidney5 measures
- Complications refractory to medical Rx.
- AKI plus
 - Absence of defined cause
 - Systemic features e.g. rash, arthralgia
 - Paraprotein
 - Haemolysis / thrombocytopenia
 - Poisoning

Signed:

Date:

Name / Designation /
Bleep

PATIENT ID LABEL