MODIFIED SAD PERSONS SCORE

S: Male sex 1
A: Age 35 to 49 years 1
D: Depression or hopelessness 2
P: Previous attempts or psychiatric care 1
E: Excessive ethanol or drug use 1
R: Rational thinking loss 2
S: Single/widowed/abusive relationship 1
O: Organized or serious attempt 2
N: No social support or unemployed 1
S: Stated future intent or ambivalent 2

Total Score:

Refer to the Mental Health Team if:

- Total score 6 or more,

  OR

- High Risk Attempt (planned or concealed attempt, final acts, delayed presentation, violent mechanism)

  OR

- Ongoing suicidal intent.
New SADPERSONS Proforma

ASSESSMENT OF PATIENTS FOLLOWING AN EPISODE OF DELIBERATE SELF HARM

JPUH MODIFIED SAD PERSONS SCORE

S: Male sex 1
A: Age 35 to 49 years 1
D: Depression or hopelessness 2
P: Previous suicidal attempts or psychiatric care 1
E: Excessive ethanol or drug use 1
R: Rational thinking loss (psychotic or organic illness) 2
S: Single, widowed, divorced or abusive relationship 1
O: Organized or serious attempt 2
N: No social support or unemployed 1
S: Stated future intent or ambivalent 2

Total Score:

Refer to the Mental Health Team if:
Total score 6 or more,

OR

High Risk Attempt (planned or concealed attempt, final acts, delayed presentation, violent mechanism)

OR

Ongoing suicidal intent.

Further actions

1. Record time and nature of attempt, and precipitating factors on EDIS
2. Record brief physical description of patient
3. Are they willing to stay? Does the patient have capacity to refuse care?
4. Record past attempts, psychiatric history, significant recent life events, coping strategy and support network/isolation of patient
5. Do they need any physical care (including activated charcoal within 1-2 hours of overdose) as a result of their episode of self-harm?
6. Do they appear distressed at present? (If yes consider early medical assessment +/- medication such as lorazepam)
7. Are they displaying any odd characteristics? (such as auditory hallucinations or delusions)

Please record all of the above on EDIS

Do not allow the patient to leave the ED without discussion with a senior doctor.
Percentage of Patients that Received Activated Charcoal when Indicated

Graph of the compliance with documentation of the triage information
Graph to show compliance with documentation of psychosocial assessment

Graph to Show Compliance with SADPERSONS score documentation