

Appendix 1**Pre-ARCH addictions education programme questionnaire:**

Date	
MDT role	
Please rate your agreement with the following statements: Put a number between 1 and 10 in the box: 1=Strongly disagree, 10=Strongly agree	
I feel I could recognise the early signs of physical health deterioration secondary to substance misuse	
I feel I understand initial interventions, including lifestyle advice, for physical health consequences secondary to substance misuse	
I feel I could offer basic advice to my clients on:	
I. Nutrition (regarding diet, malnutrition and obesity)	
II. Smoking cessation	
III. Blood borne virus testing and vaccination schemes	
IV. Sexual health	
V. NHS health checks for aging service users	
VI. Falls prevention in the older population	
VII. Wound care and infection prevention (e.g. of injection sites)	
VIII. Developmental defects due to alcohol or drugs in pregnant service users	
I feel I know when to escalate physical health concerns in my clients to a doctor or senior member of the MDT	
I feel I am able to screen for the early signs of mental health deterioration in my clients	
I feel comfortable undertaking risk assessments and formulating risk management plans for my clients	
I feel I could offer basic advice to my clients promoting mental health and well-being	
I feel I understand initial psychosocial interventions for of common mental health problems	
I feel comfortable managing co-existing mental health together with substance misuse issues	
I feel comfortable managing co-existing mental health and physical health issues in the substance misusing population	
I feel I know when to escalate mental health concerns of substance misuse to a doctor or senior member of the MDT	
I feel confident in my ability to communicate any client concerns to:	
I. Doctors within my team	
II. To local primary care and specialist secondary care teams	

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Please rate your confidence in knowledge regarding: Put a number between 1 and 10 in the box: 1=Not at all confident, 10=Very confident	
Biological mechanisms of addiction	
Early identification and intervention of the physical health consequences of addictions	
Liver disorder population	
Older people and substance misuse	
Implications of concurrent co-morbidities, including polypharmacy management	
Pregnancy and post-partum care	
Homeless population	
“Dual diagnosis”; mental health care and substance misuse	
Were you aware of Public Health England published resources for staff involved in care of drug and alcohol addictions?	
If yes, which and did you find them helpful (and if not why)?	
Have you had formal teaching on addictions medicine prior to this education programme? (if yes please give details)	
What are you particularly worried about before starting the teaching programme?	

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What are you most hoping to get out of the teaching programme?

Any further comments?

Post-ARCH addictions education programme questionnaire:

Date	
MDT role	
Following completion of the teaching programme please now again rate your agreement with the following statements: Put a number between 1 and 10 in the box: 1=Strongly disagree, 10=Strongly agree	
I feel I could recognise the early signs of physical health deterioration secondary to substance misuse	
I feel I understand initial interventions, including lifestyle advice, for physical health consequences secondary to substance misuse	
I feel I could offer basic advice to my clients on:	
IX. Nutrition (regarding diet, malnutrition and obesity)	
X. Smoking cessation	
XI. Blood borne virus testing and vaccination schemes	
XII. Sexual health	
XIII. NHS health checks for aging service users	
XIV. Falls prevention in the older population	
XV. Wound care and infection prevention (e.g. of injection sites)	
XVI. Developmental defects due to alcohol or drugs in pregnant service users	
I feel I know when to escalate physical health concerns in my clients to a doctor or senior member of the MDT	
I feel I am able to screen for the early signs of mental health deterioration in my clients	

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I feel comfortable undertaking risk assessments and formulating risk management plans for my clients	
I feel I could offer basic advice to my clients promoting mental health and well-being	
I feel I understand initial psychosocial interventions for of common mental health problems	
I feel comfortable managing co-existing mental health together with substance misuse issues	
I feel comfortable managing co-existing mental health and physical health issues in the substance misusing population	
I feel I know when to escalate mental health concerns of substance misuse to a doctor or senior member of the MDT	
I feel confident in my ability to communicate any client concerns to:	
III. Doctors within my team	
IV. To local primary care and specialist secondary care teams	
Please rate your confidence after teaching programme completion in knowledge regarding: Put a number between 1 and 10 in the box: 1=Not at all confident, 10=Very confident	
Biological mechanisms of addiction	
Early identification and intervention of the physical health consequences of addictions	
Liver disorder population	
Older people and substance misuse	
Implications of concurrent co-morbidities, including polypharmacy management	
Pregnancy and post-partum care	
Homeless population	
Dual diagnosis"; mental health care and substance misuse	
How many sessions were you able to attend in total?	

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What 3 things did you find particularly helpful/ enjoy about the programme?

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What are 3 improvements that could be made to the teaching programme?

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Do you have any particular concerns or worries after completion of the programme?

If possible, would you like further teaching to continue?

Any further comments?