



*Counselling may consist of:

1. Discussion: Appropriate use/indication of benzodiazepines and alternatives
2. Discussion: Harms of using benzodiazepines
3. Discussion: Harms of using benzodiazepines & possible substitution; withdrawal/breakthrough symptoms; monitoring process
4. Discussion: Patient questions & concerns
5. Shared-Decision Making

Legend: Benzo, Benzodiazepine; CPharm, Clinical Pharmacist; Deprescr, Deprescribing; MD, Attending Physician; Med, Medication

○ Start/End □ Process ◇ Decision