Improving Compliance with Early Sepsis Management is Associated with Shorter Hospital Stay


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Background In 2018, Medicare began public reporting of hospital compliance with Sepsis and Septic Shock Early Management (SEP-1) bundle. We queried whether a relationship between SEP-1 bundle compliance, hospital size, and global measures of quality exists.

Objectives To determine the relationship between SEP-1 bundle compliance and hospital size, composite complication rate (PSI-90), average length of stay (ALOS) and hospital readmission rate.

Methods Data was obtained from Medicare's Hospital Compare online database and The American Hospital Directory.

Abstract IHI ID 10 Figure 1 SEP-1 bundle compliance scores by number of staffed beds. SEP-1 bundle compliance scores between hospitals with number of staffed beds in the bottom 50th percentile (n=1498) and top 50th percentile (n=1498). Smaller hospitals, measured by number of staffed beds, had statistically significant higher SEP-1 bundle compliance score (50.95±20.29%) compared to larger hospitals (47.26±18.50%), p<0.001.

Abstract IHI ID 10 Figure 2 SEP-1 bundle compliance scores by composite complication rate. SEP-1 bundle compliance scores between hospitals with composite complication rates in the bottom 50th percentile (n=1463) and top 50th percentile (n=1371). Hospitals with lower composite complication rates had statistically significant higher SEP-1 bundle compliance score (50.97±19.80%) compared to hospitals with higher composite complication rates (47.30±18.09%), p<0.001.

Abstract IHI ID 10 Figure 3 SEP-1 bundle compliance scores by average length of stay. A) SEP-1 bundle compliance scores between hospitals with average length of stay in the bottom 50th percentile (n=1482) and top 50th percentile (n=1483). Shorter average length of stay has statistically significant higher SEP-1 bundle compliance (51.23±19.69%) compared to longer average length of stay (47.05±19.14%), p<0.001. B) Average length of hospital stay between SEP-1 bundle compliance scores in the bottom 50th percentile (n=1484) and top 50th percentile (n=1481). Lower SEP-1 bundle compliance score has statistically significant longer average length of stay (4.46±1.33 days) compared to shorter average length of stay (4.17±1.23 days), p<0.001.
Records missing SEP-1, complications, and discharge data were excluded. Pearson correlation, controlling for staffed beds, and an independent t-test were used for analysis.

**Results**
A total of 2796 hospitals met inclusion criteria. An increased SEP-1 score was negatively associated with PSI-90 ($r = -0.103$, $p<0.001$), staffed bed number ($r = -0.114$, $p<0.001$), and ALOS ($r = -0.118$, $p<0.001$). There was no association with 30 day readmission rate ($p=0.480$). PSI-90 and ALOS remained significantly correlated with SEP-1 while adjusting for staffed beds. Figures 1 to 4 show independent t-test results relating SEP-1 scores to higher – and lower-performing hospitals on each of the indicated quality measures.

**Conclusions**
Higher performance on SEP-1 compliance is associated with lower composite complication rate and shorter length of stay. The inverse relationship between SEP-1 compliance and hospital size may reflect the challenges associated with implementation of new protocols in large, complex hospitals. While this study does not establish a causal relationship, the ability of hospitals to successfully implement SEP-1 may suggest a higher level of overall operational excellence.

**HI11**
**INTERPROFESSIONAL TEAM HUDDLE TO OPTIMIZE CARE DELIVERY TO PEDIATRIC INTENSIVE CARE UNIT (PICU) FAMILIES WITH COMPLEX PSYCHOSOCIAL STRESSORS**
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10.1136/ihisciabs.11

**Background**
Families with children admitted to the PICU experience complex emotional, psychological and financial stressors. Even thorough interprofessional teams can miss need identification or have duplicative efforts, compromising family-centered, high-quality care. In 2016, the interprofessional care team formally reviewed psychosocial stressors in 19% of PICU patients.

**Objectives**
To increase PICU patients formally reviewed for psychosocial stressors by 30% over 12 months.

**Methods**
The interprofessional team met to identify barriers to psychosocial care. Interventions included a time-limited, thrice-weekly interprofessional huddle guided by a checklist. Process measures included frequency of huddles and member participation. Balance measures monitored time spent waiting for huddle. Performance over time was tracked with statistical process control (SPC) methodology. New interventions were introduced through PDSA cycles based on drivers of special cause variation.

**Results**
PICU patients formally discussed by the interprofessional team increased from 19% to 90%. Huddle frequency