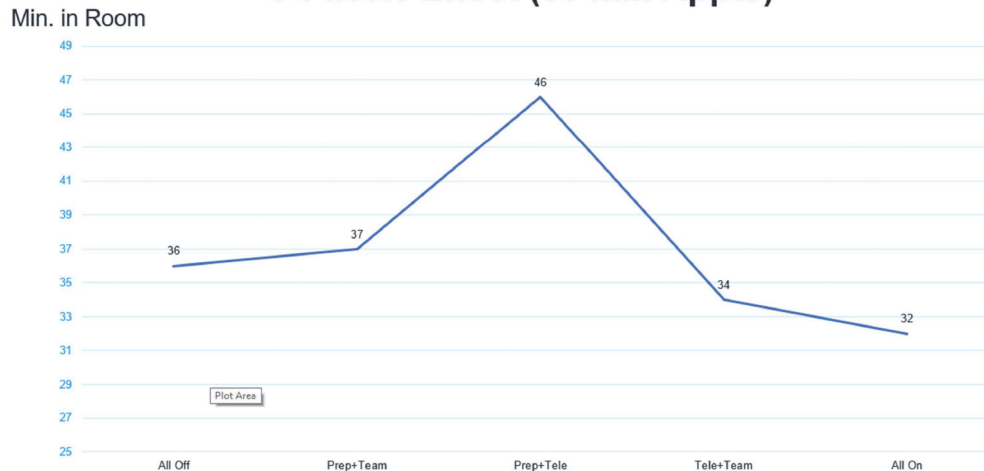


## 3-Factor Effect (60 min Appts)



## Abstract 4 Figure 5

by lack of availability. Further, the ability to see more patients, (even saving 2–4 minutes per patient), generates the revenue necessary to sustain the staff models required to be successful.

#### 5 ADVANCING RESEARCH TO DEEPEN UNDERSTANDING OF THE IMPACT, IMPLEMENTATION AND SCALING UP OF AGE-FRIENDLY CARE USING THE 4MS FRAMEWORK

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**Description** The aim of the Age-Friendly Health systems movement is to provide Age-Friendly care to all older adults across a range of health and health care systems throughout the world. Since 2018, the Age-Friendly Health Systems (AFHS) movement has recognized more than 3,300 care locations with over 2.7 million older adults estimated to have received 4Ms care through AFHS facilities recognized by IHI. As the AFHS movement grows and more health systems strive to implement the 4Ms, it's important to understand what implementation strategies work, the impact of these efforts, and how to scale the movement.

During this session, clinician researchers and implementation scientists will share how health systems are spreading the 4Ms care framework towards their reliable practice in clinical care of older adults, and the impact of this work on outcomes for older adult patients. Researchers will discuss their study designs and emerging findings, while clinician implementers will share the results of work to implement the 4Ms. Through exploration and discussion of these study designs and case studies, attendees will learn how the Age-Friendly Health System Movement is moving towards reliable practice of the well-evidenced 4Ms, documenting and defining impact, how 4Ms outcomes are measured, and what implementation approaches are working. This session is aimed at health care

professionals, improvement practitioners, quality managers, system leaders, and researchers who are already engaged or interested in implementing and researching age-friendly care.

#### 6 IMPROVING THE RIGOR OF LEARNING: PRACTICAL EVALUATION DESIGNS FOR IMPROVERS WHO WANT TO KNOW WHAT'S WORKING AND HOW IT'S WORKING

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10.1136/bmj-2023-IHI.6

**Description** The Quality Improvement field has evolved with a set of methods and tools that support change at multiple levels of the health and health care systems. The impact, scale and sustainability of improvement work is determined by project designs that can accommodate or understand bias and can adapt to continuous learning. Thoughtful design and evaluation are critical for disseminating and scaling up promising improvement programs.

The impact and influence of our work can be enhanced by a simple 3-part evaluation framework for improvement research and evaluation that synthesizes existing tools and frameworks from improvement and implementation sciences. The session is directed at QI practitioners and researchers who are responsible for designing improvement work for their organizations and improvement and implementation researchers who are evaluating and disseminating the impact and learning of QI work. Approaches will support improvers to design programs that mitigate biases that otherwise could undermine the credibility of their work and to incorporate rigorous evaluation that will demonstrate how and why the programs did (or did not) work as planned. The session will illustrate the key points of problems and solutions for impact and learning, and the use of the framework through extensive use of examples and case studies of published QI work. Participants will learn how to apply the core design principles and the evaluation framework to achieve greater impact, scale and sustainability of their work, and greater influence of their work through more effective dissemination and publication.