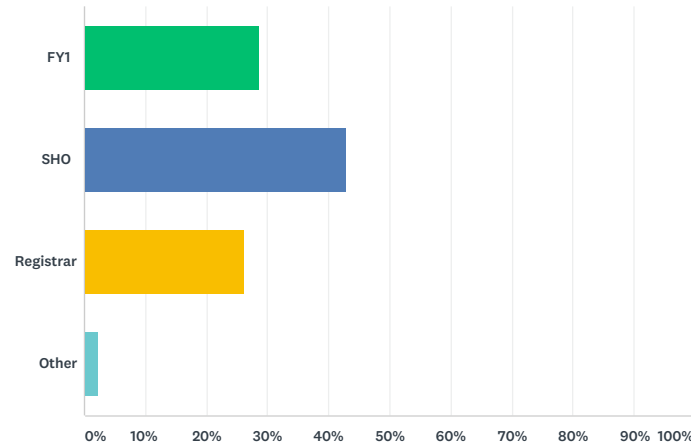


## BMA Fatigue and Facilities Funding

## Q1 What grade of doctor are you?

Answered: 42 Skipped: 1

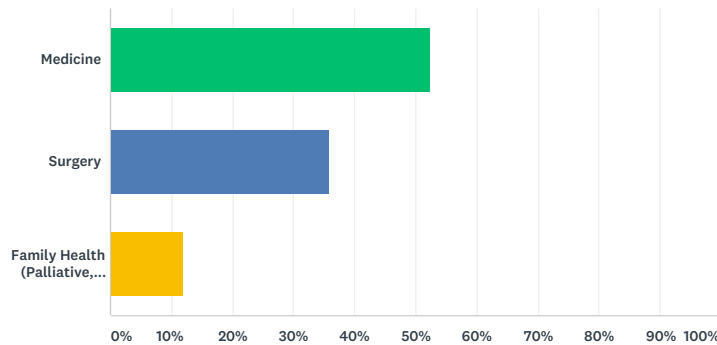


ANSWER CHOICES	RESPONSES	
FY1	28.57%	12
SHO	42.86%	18
Registrar	26.19%	11
Other	2.38%	1
TOTAL		42

## BMA Fatigue and Facilities Funding

## Q2 Which directorate do you work in currently?

Answered: 42 Skipped: 1

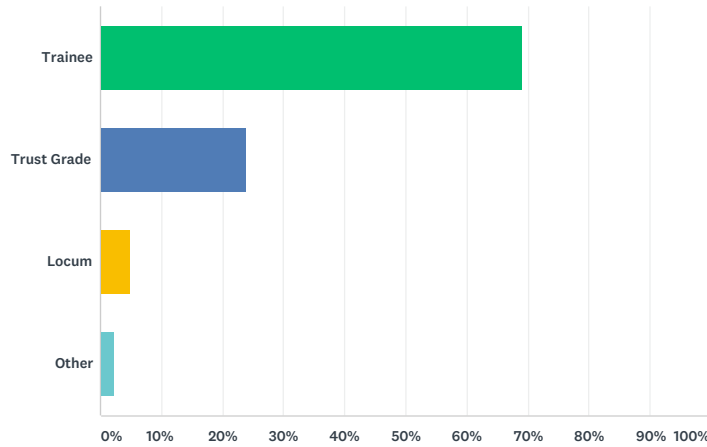


ANSWER CHOICES	RESPONSES	
Medicine	52.38%	22
Surgery	35.71%	15
Family Health (Palliative, Paediatrics, Obs & Gyn, Cancer Services)	11.90%	5
TOTAL		42

## BMA Fatigue and Facilities Funding

## Q3 Are you a ...

Answered: 42 Skipped: 1

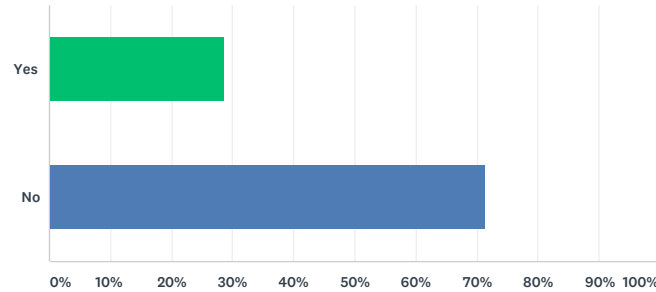


ANSWER CHOICES	RESPONSES
Trainee	69.05% 29
Trust Grade	23.81% 10
Locum	4.76% 2
Other	2.38% 1
TOTAL	42

## BMA Fatigue and Facilities Funding

Q4 On a normal working shift (e.g. 9am-5pm Mon-Fri) have you always been able to take an uninterrupted 30 min break?

Answered: 35 Skipped: 8

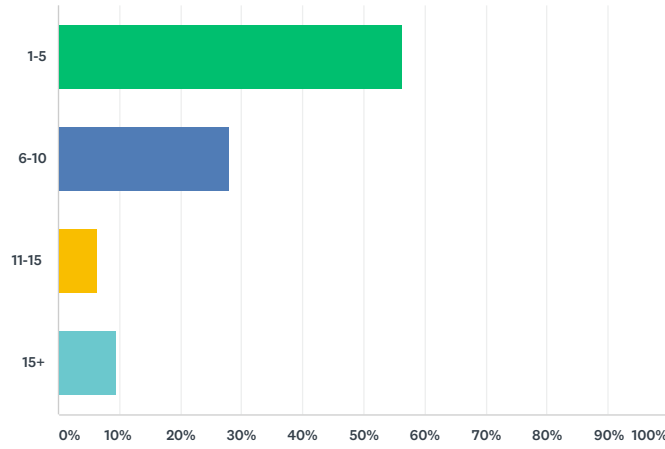


ANSWER CHOICES	RESPONSES	
Yes	28.57%	10
No	71.43%	25
TOTAL		35

BMA Fatigue and Facilities Funding

Q5 If no, on how many days in the past 4 weeks have you missed your contracted break?

Answered: 32 Skipped: 11

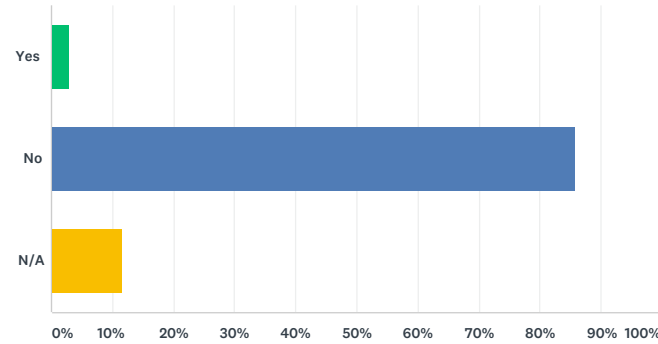


ANSWER CHOICES	RESPONSES	
1-5	56.25%	18
6-10	28.13%	9
11-15	6.25%	2
15+	9.38%	3
TOTAL		32

## BMA Fatigue and Facilities Funding

Q6 On a long day shift (Mon-Fri only) have you always been able to take two uninterrupted 30 min breaks ?

Answered: 35 Skipped: 8

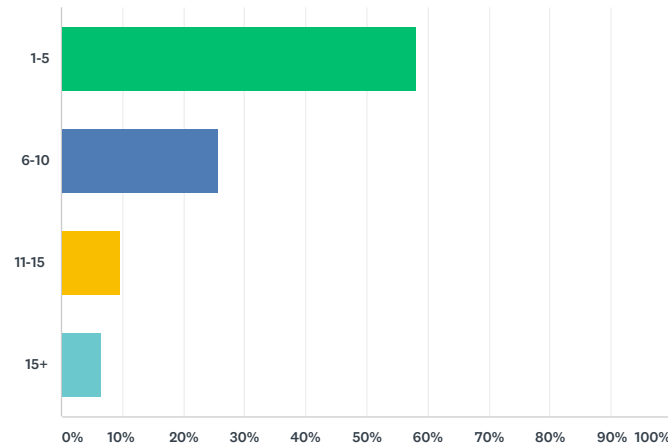


ANSWER CHOICES	RESPONSES
Yes	2.86% 1
No	85.71% 30
N/A	11.43% 4
TOTAL	35

## BMA Fatigue and Facilities Funding

Q7 If no, on how many days in the past 4 weeks have you missed your contracted break?

Answered: 31 Skipped: 12

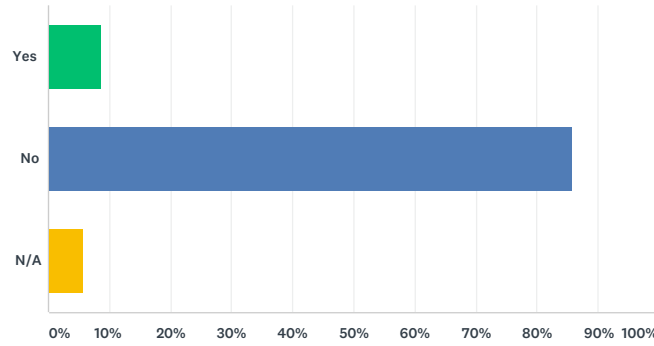


ANSWER CHOICES	RESPONSES	
1-5	58.06%	18
6-10	25.81%	8
11-15	9.68%	3
15+	6.45%	2
TOTAL		31

BMA Fatigue and Facilities Funding

Q8 On a long day shift (Sat-Sun & bank holidays) have you always been able to take two uninterrupted 30 min breaks ?

Answered: 35 Skipped: 8



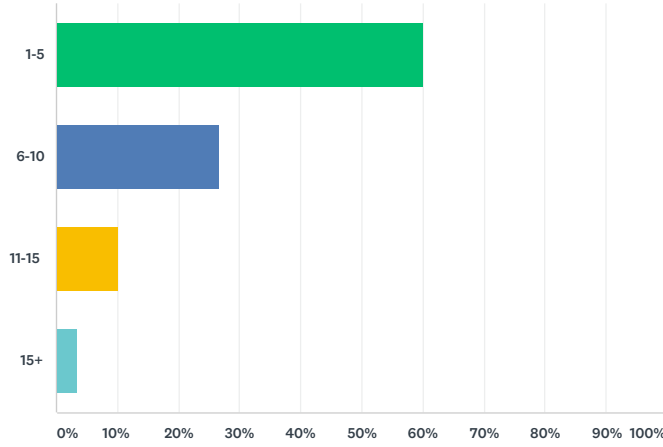
ANSWER CHOICES	RESPONSES	
Yes	8.57%	3
No	85.71%	30
N/A	5.71%	2
<b>TOTAL</b>		<b>35</b>



BMA Fatigue and Facilities Funding

Q9 If no, on how many days in the past 4 weeks have you missed your contracted break?

Answered: 30 Skipped: 13

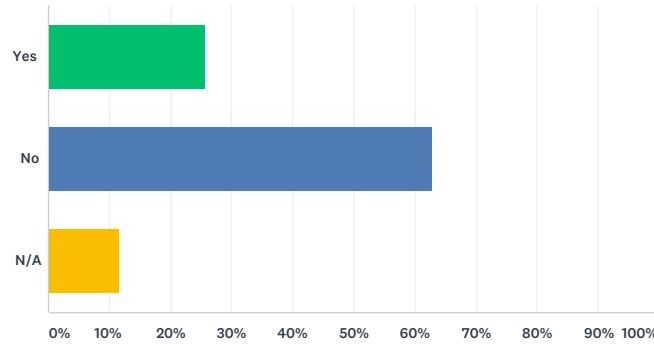


ANSWER CHOICES	RESPONSES	
1-5	60.00%	18
6-10	26.67%	8
11-15	10.00%	3
15+	3.33%	1
TOTAL		30

BMA Fatigue and Facilities Funding

Q10 On a night shift (Mon-Fri, shift finishes after midnight) have you always been able to take two uninterrupted 30 min breaks?

Answered: 35 Skipped: 8

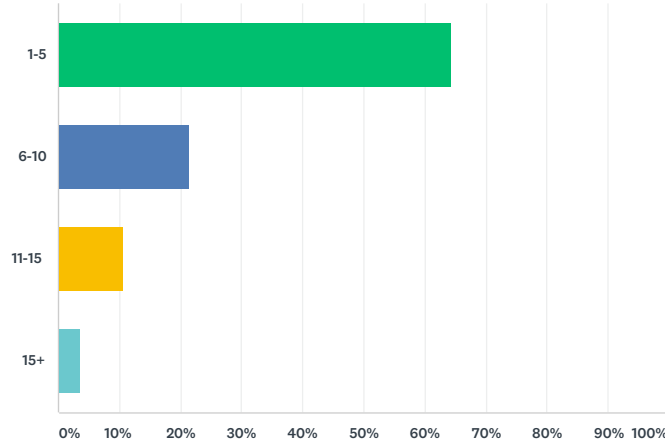


ANSWER CHOICES	RESPONSES	
Yes	25.71%	9
No	62.86%	22
N/A	11.43%	4
TOTAL		35

BMA Fatigue and Facilities Funding

Q11 If no, on how many days in the past 4 weeks have you missed your contracted break?

Answered: 28 Skipped: 15

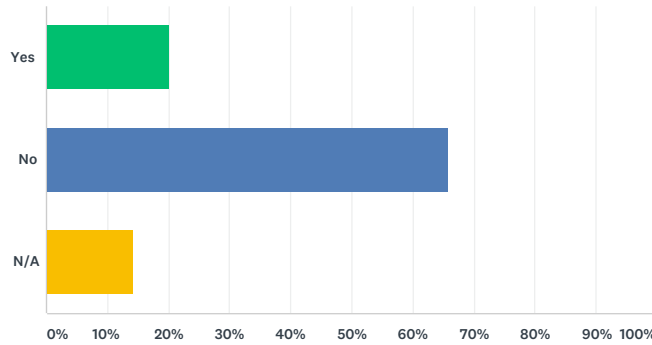


ANSWER CHOICES	RESPONSES	
1-5	64.29%	18
6-10	21.43%	6
11-15	10.71%	3
15+	3.57%	1
TOTAL		28

BMA Fatigue and Facilities Funding

Q12 On a night shift (Sat-Sun & bank holidays, shift finishes after midnight) have you always been able to take two uninterrupted 30 min break?

Answered: 35 Skipped: 8

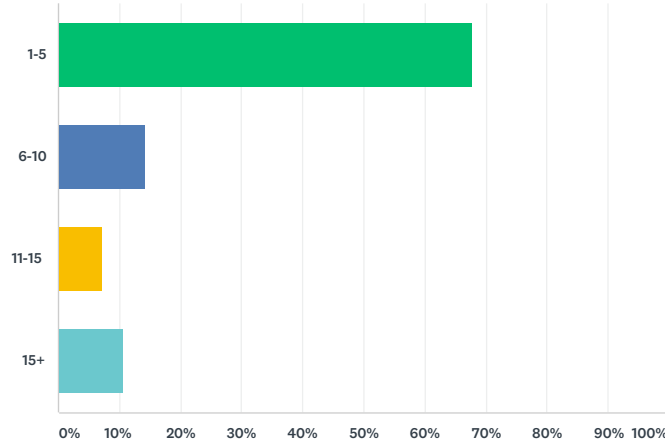


ANSWER CHOICES	RESPONSES	
Yes	20.00%	7
No	65.71%	23
N/A	14.29%	5
TOTAL		35

BMA Fatigue and Facilities Funding

Q13 If no, on how many days in the past 4 weeks have you missed your contracted break?

Answered: 28 Skipped: 15

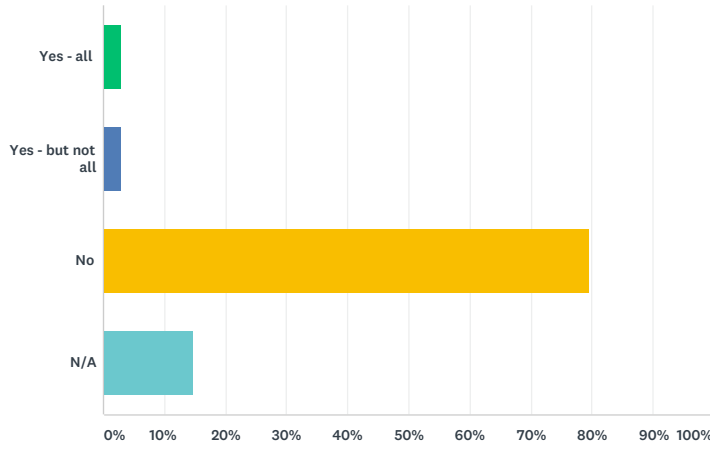


ANSWER CHOICES	RESPONSES	
1-5	67.86%	19
6-10	14.29%	4
11-15	7.14%	2
15+	10.71%	3
TOTAL		28

BMA Fatigue and Facilities Funding

Q14 If you missed a break, did you exception report it (Trainee doctors only)?

Answered: 34 Skipped: 9



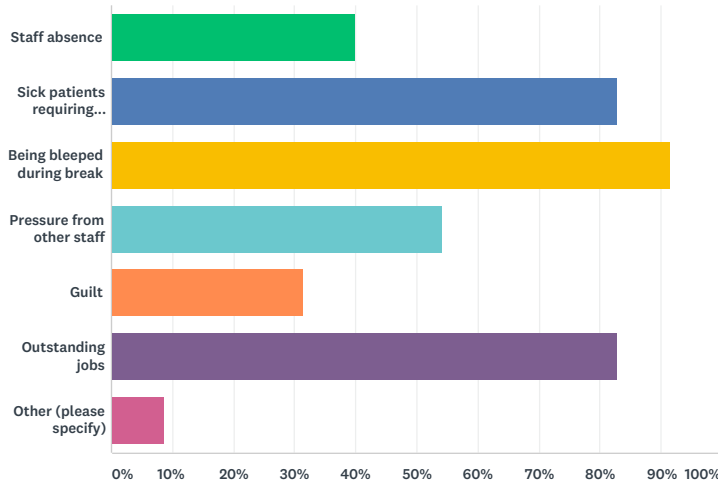
ANSWER CHOICES	RESPONSES	
Yes - all	2.94%	1
Yes - but not all	2.94%	1
No	79.41%	27
N/A	14.71%	5
<b>TOTAL</b>		<b>34</b>

#	IF YES, WAS THERE A SATISFACTORY RESPONSE?	DATE
	There are no responses.	

BMA Fatigue and Facilities Funding

Q15 When your breaks have been missed or interrupted, what factors have contributed? Please tick all that apply:

Answered: 35 Skipped: 8



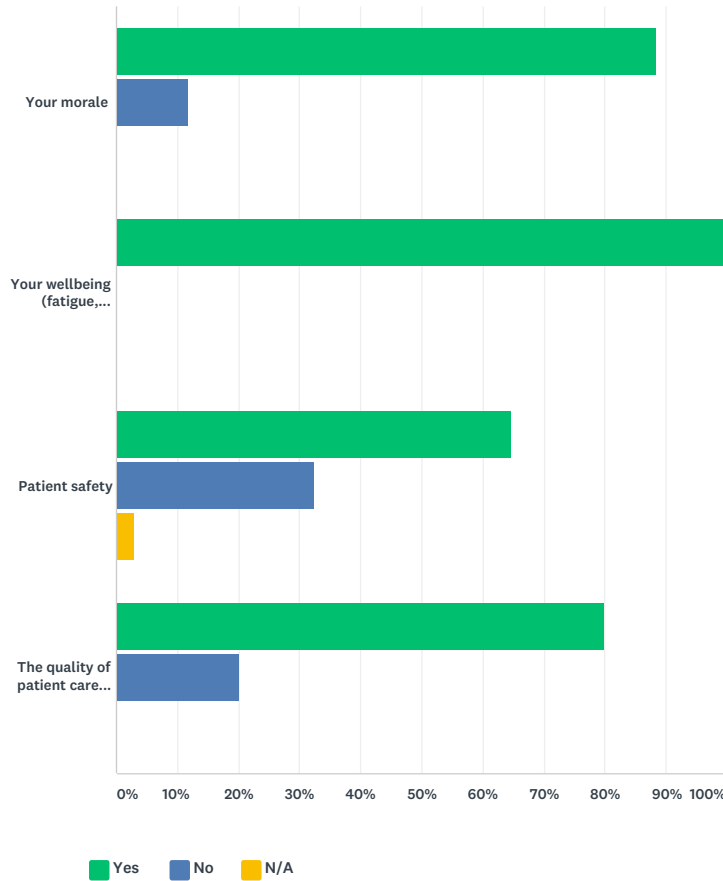
ANSWER CHOICES	RESPONSES
Staff absence	40.00% 14
Sick patients requiring urgent review	82.86% 29
Being bleeped during break	91.43% 32
Pressure from other staff	54.29% 19
Guilt	31.43% 11
Outstanding jobs	82.86% 29
Other (please specify)	8.57% 3
Total Respondents: 35	

#	OTHER (PLEASE SPECIFY)	DATE
1	Lack of doctors	7/2/2019 6:08 PM
2	Short staffed	7/1/2019 2:38 PM
3	There is no designated time for break, even lunch time is while driving to clinic or very quick one.	7/1/2019 2:22 PM

### BMA Fatigue and Facilities Funding

Q16 If you have missed a break, have you felt it has negatively impacted?

Answered: 35 Skipped: 8



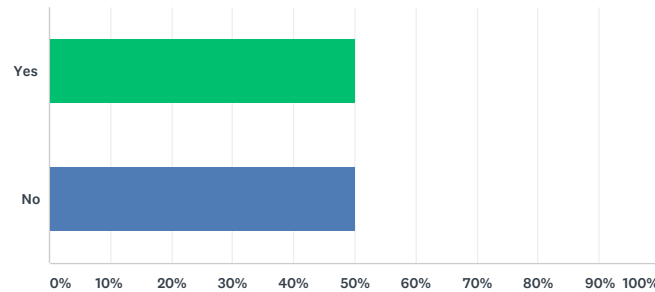
	YES	NO	N/A	TOTAL	WEIGHTED AVERAGE
Your morale	88.24% 30	11.76% 4	0.00% 0	34	1.12
Your wellbeing (fatigue, emotional strain, stress)	100.00% 35	0.00% 0	0.00% 0	35	1.00
Patient safety	64.71% 22	32.35% 11	2.94% 1	34	1.38
The quality of patient care you provide	80.00% 28	20.00% 7	0.00% 0	35	1.20



## BMA Fatigue and Facilities Funding

**Q17 Would allocated breaks during long shifts be feasible in your specialty and grade? (Allocated breaks are breaks timings agreed at the beginning of the shift and someone is prepared to hold your bleep during your break)**

Answered: 34 Skipped: 9



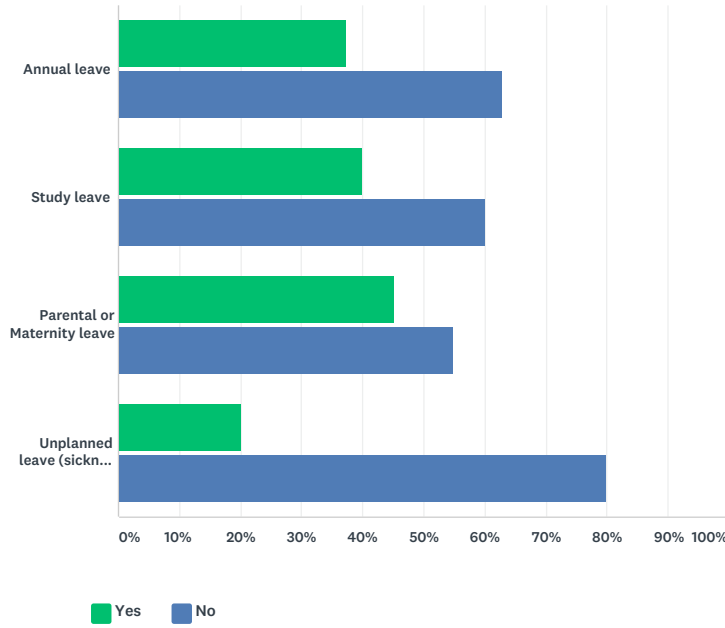
ANSWER CHOICES	RESPONSES	
Yes	50.00%	17
No	50.00%	17
<b>TOTAL</b>		<b>34</b>

#	IF NOT, WHY?	DATE
1	there is only one spr on in the day. at night there is only one in cardio	7/11/2019 3:21 PM
2	No one else to cover the bleep during breaks	7/4/2019 7:39 PM
3	Difficult to predict timings of when you're needed and jobs to be done, doesn't make sense to stop what you're doing to take an 'allotted' break	7/4/2019 6:27 PM
4	You can't predict when patients become unwell. It can be difficult when nurses ans HCAs take their dedicated break and it can be obstructive to the working day. Also if breaks are missed can we have back up breaks? Could we just take breaks when convenient?	7/4/2019 4:55 PM
5	Seniors likely unwilling to hold bleep	7/4/2019 4:06 PM
6	Cannot predict when you will be needed	7/4/2019 4:05 PM
7	Patient can be sick anytime	7/2/2019 6:08 PM
8	to busy, need more people on	7/1/2019 3:23 PM
9	Not enough people on call to cover each other	7/1/2019 2:47 PM
10	No cover during the shift.	7/1/2019 2:22 PM
11	No-one to hold bleep	7/1/2019 2:15 PM
12	Not enough staff to cover you	7/1/2019 2:03 PM
13	One registrar cannot hold both bleeps overnight as both are on the arrest team. During week days you hold both 373 and 007 bleeps and no one will take those even for your breaks.	7/1/2019 1:04 PM
14	They will bleep the FY1s regardless.	7/1/2019 12:39 PM
15	cardiac arrest calls, sick patient reviews	7/1/2019 11:51 AM

BMA Fatigue and Facilities Funding

Q18 Do you feel rotas and staffing numbers are sufficient to give full cover for:

Answered: 35 Skipped: 8

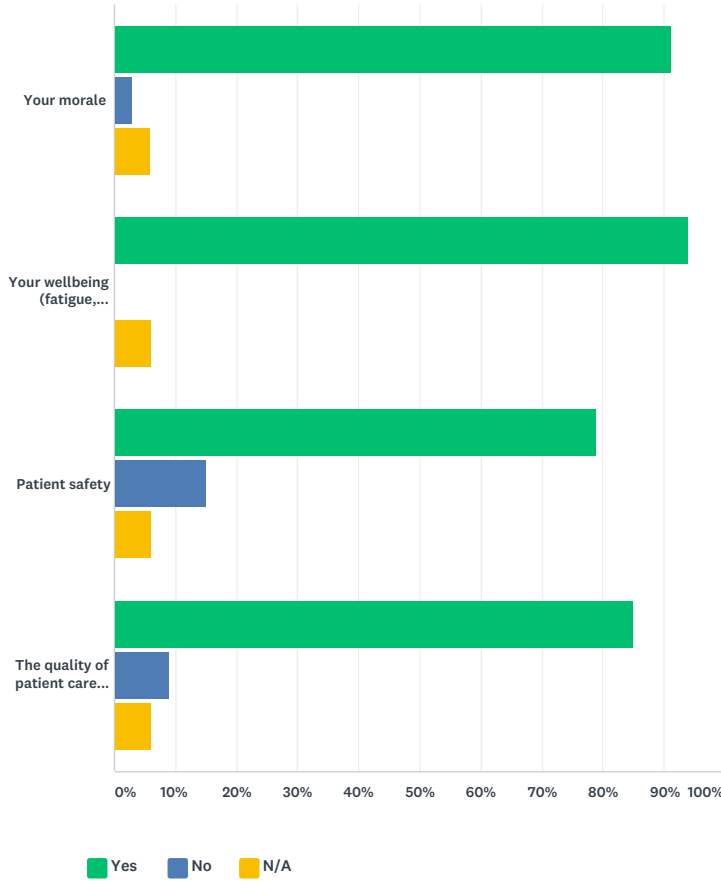


	YES	NO	TOTAL
Annual leave	37.14% 13	62.86% 22	35
Study leave	40.00% 14	60.00% 21	35
Parental or Maternity leave	45.16% 14	54.84% 17	31
Unplanned leave (sickness or compassionate)	20.00% 7	80.00% 28	35

### BMA Fatigue and Facilities Funding

#### Q19 If no, does this impact on ... ?

Answered: 34 Skipped: 9

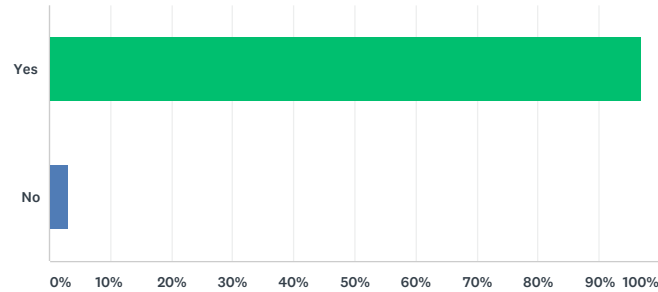


	YES	NO	N/A	TOTAL	WEIGHTED AVERAGE
Your morale	91.18% 31	2.94% 1	5.88% 2	34	1.15
Your wellbeing (fatigue, emotional strain, stress)	93.94% 31	0.00% 0	6.06% 2	33	1.12
Patient safety	78.79% 26	15.15% 5	6.06% 2	33	1.27
The quality of patient care you provide	84.85% 28	9.09% 3	6.06% 2	33	1.21

## BMA Fatigue and Facilities Funding

Q20 Do you believe we should have a separate area from the mess for naps/rest for doctors on long shifts?

Answered: 31 Skipped: 12

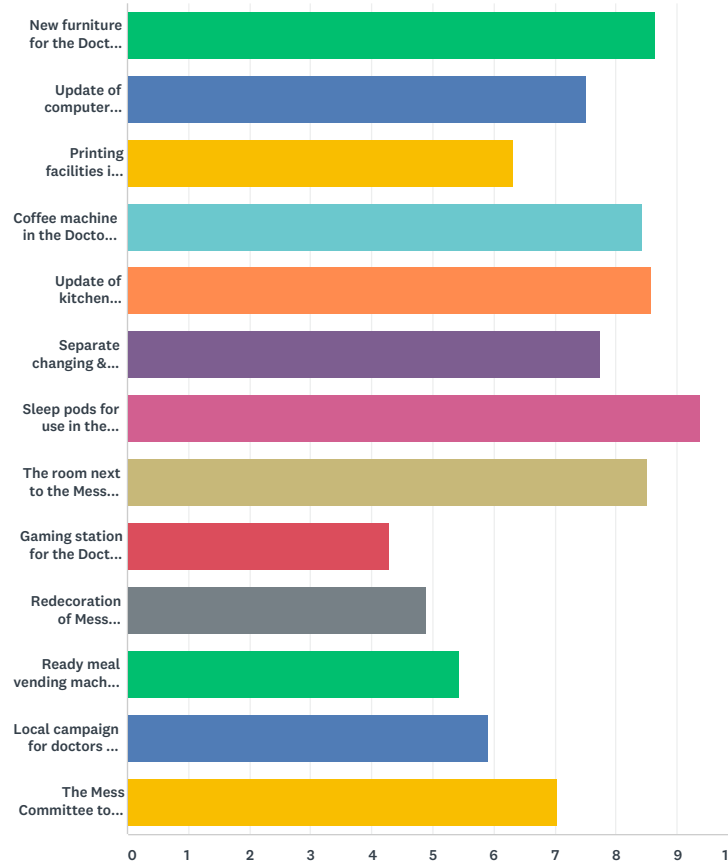


ANSWER CHOICES	RESPONSES	
Yes	96.77%	30
No	3.23%	1
TOTAL		31

### BMA Fatigue and Facilities Funding

Q21 What would you like to see the £60833 funding spent on? Please put in order of priority (1=highest priority, 13 = lowest priority):

Answered: 32 Skipped: 11



	1	2	3	4	5	6	7	8	9	10	11	12	13	14
New furniture for the Doctors Mess including sofas and tables	20.00% 6	6.67% 2	10.00% 3	3.33% 1	16.67% 5	13.33% 4	6.67% 2	3.33% 1	0.00% 0	6.67% 2	6.67% 2	3.33% 1	3.33% 1	3.33% 1
Update of computer hardware in the Doctors Mess	6.90% 2	13.79% 4	6.90% 2	3.45% 1	6.90% 2	6.90% 2	27.59% 8	0.00% 0	3.45% 1	3.45% 1	6.90% 2	10.34% 3	3.45% 1	3.45% 1
Printing facilities in the Doctors Mess	0.00% 0	3.23% 1	19.35% 6	12.90% 4	0.00% 0	6.45% 2	3.23% 1	12.90% 4	3.23% 1	6.45% 2	6.45% 2	12.90% 4	12.90% 4	12.90% 4
Coffee machine in the Doctors Mess	10.00% 3	6.67% 2	13.33% 4	13.33% 4	10.00% 3	13.33% 4	6.67% 2	6.67% 2	3.33% 1	6.67% 2	6.67% 2	3.33% 1	0.00% 0	0.00% 0

## BMA Fatigue and Facilities Funding

Update of kitchen appliances in the Doctors Mess (microwave, toaster, kettle and hotplate)	9.68% 3	6.45% 2	6.45% 2	16.13% 5	16.13% 5	12.90% 4	6.45% 2	6.45% 2	12.90% 4	6.45% 2	0.00% 0	0.00% 0	0.00% 0
Separate changing & shower facilities for doctors	6.45% 2	6.45% 2	12.90% 4	6.45% 2	9.68% 3	19.35% 6	3.23% 1	12.90% 4	6.45% 2	0.00% 0	3.23% 1	9.68% 3	3.23% 1
Sleep pods for use in the Doctors Mess	13.33% 4	26.67% 8	3.33% 1	16.67% 5	6.67% 2	0.00% 0	16.67% 5	6.67% 2	3.33% 1	0.00% 0	0.00% 0	0.00% 0	6.67% 2
The room next to the Mess being made into a rest room (1-2 beds) with swipe access	13.79% 4	13.79% 4	17.24% 5	6.90% 2	3.45% 1	6.90% 2	0.00% 0	20.69% 6	0.00% 0	0.00% 0	6.90% 2	6.90% 2	3.45% 1
Gaming station for the Doctors Mess e.g. PS4	0.00% 0	6.25% 2	0.00% 0	3.13% 1	3.13% 1	3.13% 1	3.13% 1	3.13% 1	25.00% 8	6.25% 2	12.50% 4	6.25% 2	28.13% 9
Redecoration of Mess including painting of walls, artwork for walls, shelving unit	3.23% 1	0.00% 0	0.00% 0	0.00% 0	3.23% 1	0.00% 0	16.13% 5	6.45% 2	19.35% 6	35.48% 11	0.00% 0	12.90% 4	3.23% 1
Ready meal vending machine with microwave for those who are not Mess members (to be placed in the staff zone). This would enable KGH to have 24 hour catering facilities.	0.00% 0	3.57% 1	7.14% 2	0.00% 0	10.71% 3	10.71% 3	0.00% 0	3.57% 1	7.14% 2	14.29% 4	39.29% 11	3.57% 1	0.00% 0
Local campaign for doctors to be allocated rest breaks, supported to take their rest breaks & empowered to exception report if appropriate.	6.67% 2	0.00% 0	6.67% 2	13.33% 4	6.67% 2	0.00% 0	6.67% 2	10.00% 3	6.67% 2	6.67% 2	3.33% 1	26.67% 8	6.67% 2
The Mess Committee to receive extra funding to provide a wider range of higher quality food out of hours.	16.13% 5	9.68% 3	0.00% 0	6.45% 2	9.68% 3	9.68% 3	3.23% 1	6.45% 2	6.45% 2	3.23% 1	6.45% 2	0.00% 0	22.58% 7

## BMA Fatigue and Facilities Funding

## Q22 Any other suggestions?

Answered: 10 Skipped: 33

#	RESPONSES	DATE
1	Money could go into daily food deliveries including weekend, by Sunday night often no dry food left	7/4/2019 6:31 PM
2	Recycling bins	7/4/2019 5:00 PM
3	Bunk beds in two separate rooms one female one Male and PlayStation 4 and Nintendo wii	7/4/2019 3:37 PM
4	A modest rest room could be set up at more than just one spot close to the doctors mess. Some oncall Drs wont have the luxury of going as far as the mess as emergencies needing attention in split of minutes could arise. For example, a room in rockingham wing and another in the main block.	7/1/2019 3:37 PM
5	To remind other doctors not to play pool on night shifts or have a separate room for sleeping and pool.	7/1/2019 2:46 PM
6	Create on call room in Deene floor for surgical team, fitted with a reclining chairs and coffee machine.	7/1/2019 2:44 PM
7	SKY sports	7/1/2019 2:29 PM
8	any provision for sleep eg beds/pods should be done with care. Some specialities (such as surgery) overnight are likely to get more rest and so may take up all the available rest space leaving none for those working in medicine	7/1/2019 1:08 PM
9	please deep clea the existing blue sofa's, im sure they are biological WMD stage dirty, over god knows how many years of being used	7/1/2019 11:55 AM
10	sleeping pods plz	7/1/2019 11:49 AM

## BMA Fatigue and Facilities Funding

Q23 If you have any further thoughts about any aspect of this survey please share them in the space below:

Answered: 2 Skipped: 41

#	RESPONSES	DATE
1	Mess infrastructure is high quality	7/4/2019 6:31 PM
2	It will be good if consider improving the facilities of different departments instead one mess which can be not accessible or far away from the department.	7/1/2019 2:44 PM