The Standardisation of handoffs in a large academic paediatric emergency department using I-PASS

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ABSTRACT

Background and objectives Despite the American College of Emergency Physicians and American Academy of Pediatrics recommendations for standardised handoffs in the emergency department (ED), few EDs have an established tool. Our aim was to improve the quality of handoffs in the ED by establishing compliance with the I-PASS handoff tool.

Methods This is a quality improvement (QI) initiative to standardise handoffs in a large academic paediatric ED. Following review of the literature and focus groups with key stakeholders, I-PASS was selected and modified to fit departmental needs. Implementation through Plan–Do–Study–Act cycles included the development of educational materials, reminders and real-time feedback. Required use of I-PASS during designated team sign-out began in June 2016. Compliance with the handoff tool and handoff deficiencies was measured through observations by faculty trained in I-PASS. As a balancing measure, time to complete handoff was monitored and compared with preintervention data.

Results Compliance with I-PASS reached 80% within 6 months, 100% within 7 months and sustained at 100% during the remainder of the study period. The average percent of omissions of crucial information per handoff declined to 8.3%, which was a 53% decrease. Average percentage of tangential information and miscommunications per handoff did not show a decline. The average handoff took 20 min, which did not differ from the preintervention time. Survey results demonstrated a perceived improvement in patient safety through closed-loop communication, clear action lists and contingency planning and proper patient acuity identification.

Conclusions I-PASS is applicable in the ED and can be successfully implemented through QI methodology contributing to an overall culture of safety.

INTRODUCTION

Miscommunications and omissions during handoffs are a leading cause of medical errors.^{1–7} In 2006, The Joint Commission established a requirement to implement a standardised handoff approach.^{8,9} Since that time, the Quality Improvement and Patient Safety Section of the American College of Emergency Physicians as well as the American Academy of Pediatrics has identified the standardisation of handoffs as a target

for improving patient safety in all settings including the emergency department (ED).^{10–12} Through a multicentre collaboration, the I-PASS handoff tool was developed based on materials adapted from Team-STEPPS, the evidence-based medicine curriculum developed by the Agency for Healthcare Research and Quality and the Department of Defence Patient Safety Programme.^{13–16} This tool, focusing on resident handoffs, has demonstrated improved patient safety in the inpatient setting.¹⁷

While the standardisation of handoffs has been a focus for inpatient settings, few studies have looked at this in the ED setting where shift changes often lead to multiple handoffs between providers with varying levels of training.^{13,14} In a survey of 147 emergency medicine (EM) residency programme directors and academic EM faculty in 2011, over half indicated that their ED does not use a standardised handoff protocol. Among the programmes that did have a protocol, most of the residents did not use them regularly.¹⁸ The few studies that have evaluated the use of standardised checklists in the ED setting have shown reduced omission of key information and improved ED situational awareness without increasing time of check out.^{19,20} Literature reviewing crucial elements for successful ED handoffs has been in line with key components of the I-PASS handoff tool.^{12,21} However, the few studies evaluating the use of I-PASS specifically in the ED setting were performed qualitatively and focused on the feasibility of implementation.^{21–23} While these studies showed that I-PASS may be feasible in the ED, there are no current reports of successful implementation.

Prior to our intervention, there was no standardised approach to patient handoffs in our paediatric ED, and there was great variability among providers. Our aim was to improve the quality of handoffs during team sign-outs in the ED by establishing proper utilisation

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Figure 1 Key driver diagram. MOC, Maintenance of Certification; QI, quality improvement.

and compliance with a modified I-PASS handoff tool for 0%–80% in a 6-month period. Secondary aims were to decrease omissions of critical patient information and handoff miscommunications by 50%.

METHODS

This quality improvement (QI) initiative was implemented at a quaternary paediatric ED with a level I trauma centre, with an average ED yearly patient census of 80 000. The main ED, where the project was implemented, consists of 25 beds including two resuscitation beds. All patients are seen by a paediatric emergency medicine (PEM) attending but also may be seen by medical students, paediatric residents, EM residents and PEM fellows. Both group and individual handoffs occur between physicians. Phase one of this initiative focused on large group handoffs during resident shift change (occurring at 06:00, 16:00 and 02:00) where a structured process including a prehandoff checklist already existed.²⁰ Each group

handoff typically consisted of eight to ≥15 providers that included: 0–4 medical students, 4–8 paediatric residents, 0–3 EM residents, 0–3 PEM fellows, 0–2 general paediatricians who work in the ED, 0–1 advanced practice providers (nurse practitioners and physician assistants), 2–3 PEM attendings and 1–2 charge nurses.

Intervention

In June 2015, a team of healthcare providers began meeting monthly to determine best practice for successful implementation of a standardised handoff process in the ED. The team consisted of a paediatric hospitalist trained in QI methodology and I-PASS, a QI expert and PEM physician and five PEM physician leaders. These meetings identified four key drivers for successful ED handoff standardisation including (1) selection and modification of the I-PASS handoff tool, (2) ED provider education, (3) buy-in from key stakeholders and (4) accountability of participants. Implementation of the modified I-PASS

Patient Hand Off	
I	Illness Severity: How sick is the Patient? <ul style="list-style-type: none"> • Stable, Watcher (potential to become critical), STAR (ongoing resuscitation)
P	Patient Summary: Brief Overview <ul style="list-style-type: none"> • Age, gender, relevant PMH/PSH • **Working differential diagnosis • CC, significant signs and symptoms, time frame of major complaints • Relevant Review of Symptoms • Relevant Physical Exam Findings • Known Diagnostic Results • Interventions given including IV access if relevant • Consults made • **Ongoing assessment • Suggested plan
A	Action List: To Do <ul style="list-style-type: none"> • Pending studies, treatments, exams, consults, and procedures • Boarded patients: diet, medications (reconciliation)
S	Suggestions: If/Then <ul style="list-style-type: none"> • **Working disposition from ED: what needs to be determined and what is most likely dispo • Possible Scenarios: What other things could happen and what intervention would be needed
S	Synthesis: Receiver summarizes <ul style="list-style-type: none"> • Most likely diagnosis • **Next steps/Action List • Working disposition

Figure 2 Components of the I-PASS handoff tool.

**Highlighted portions represent emphasised components and modifications to fit emergency department (ED) needs. CC, chief complaint; PHM, past medical history; PSH, past surgical history.

tool for the ED occurred through Plan–Do–Study–Act (PDSA) cycles with focus on key drivers (figure 1).

To determine the best handoff tool for the ED, the literature was reviewed, and focus groups were conducted with key stakeholders including ED nurses, PEM faculty, PEM fellows, EM residents and paediatric residents to determine key components of handoffs within the ED. Based on consensus agreement, the I-PASS handoff tool was selected.^{22 24} Slight modifications were made to emphasise components of the patient summary, prioritise disposition and further define illness severity in the context of the ED (figure 2).

Education of providers on I-PASS occurred in multiple ways and was modified as the project matured. Paediatric residents in the ED were familiar with I-PASS as it was the standard handoff tool used on the paediatric hospital medicine service. All paediatric residents had received I-PASS training during their intern orientation. The training was initially 3 hours in length but was modified to a 1 hour class, which made it more feasible

for widespread expansion. In order to address the slight modifications made to the I-PASS tool for the ED and address education for faculty, fellows and rotating EM residents, a 30-minute online PowerPoint presentation on I-PASS was developed and placed on Moodle, an online learning management system. Online learning was chosen to allow residents easy access to the material and give them time to view the presentation on their own time prior to starting their rotation. The materials were made available to all residents (at the start of their rotation), PEM fellows and PEM faculty through email notification and consisted of a basic breakdown of the I-PASS handoff tool, what ED-specific modifications were made, specific video examples on how to use I-PASS and the expectation of providers to use I-PASS during handoffs in the ED. To ensure completion by first-time rotators at our institution, EM residents were given protected time during their ED orientation to complete the educational material. Education was also provided to PEM faculty and PEM fellows at section meetings and through email reminders. Faculty members performing observations also completed observation training through a separate interactive module that required scoring of handoffs using standardised video examples followed by expert feedback.

To establish buy-in and promote accountability among providers, ED leadership and senior quality leadership were engaged from the beginning of the process. In addition, ED I-PASS champions were identified to encourage I-PASS usage during all handoffs in the ED. Regular communication to all ED providers (faculty, fellows, nurse practitioners, physician assistants and residents) occurred through emails, educational sessions at sectional meetings stressing the success of I-PASS in the inpatient setting, I-PASS poster placement in ED work areas and distribution of badge cards. Providers were reminded to use the I-PASS handoff tool immediately prior to every group handoff as part of the sign-out checklist.²⁰

Following the availability of education materials on 27 May 2016, required use of I-PASS during group handoffs began on 1 June 2016. Resident handoffs were observed and evaluated by faculty trained in the I-PASS handoff tool and on the use of an established observation form developed by the I-PASS Institute.²⁵ Because this was a QI initiative, blinding was not necessary, and residents giving and receiving handoff were reminded to use I-PASS and given feedback on their handoffs during group handoffs. To encourage regular observations of group handoffs, faculty providers who performed observations were offered Maintenance of Certification (MOC) Part 4 credit.²⁶

Study of the intervention

We observed and documented group handoffs from February 2016 to February 2017, with the first 4 months as preintervention baseline data and the last 9 months accounting for the intervention study period. To assess sustainability, we reviewed data following subsequent PDSAs that expanded the project to include hospital-wide

Time of Rounds: _____ Date: __/__/__ (mm/dd/yy) Obs. Start Time: __: __ am/pm Obs. End Time: __: __ am/pm

How well do you know the patients whose handoff you are evaluating? ☐ Very well ☐ Somewhat well ☐ Not at all

Total # of patients: _____
 # of admitted patients (boarders): _____
 # of patients to still needing to be seen (red): _____

Type of Handoff
 1. Please indicate the type of handoff you observed: ☐ Individual ☐ Team

Name of person being observed: _____

Indicate the frequency that the specific element of the mnemonic was used sufficiently throughout the handoff.

Verbal Mnemonic	Description	Never 0%	Rarely 1-25%	Sometimes 26-74%	Usually 75-99%	Always 100%
3. Illness Severity	Identification as stable, "watcher", or unstable					
4. Patient Summary	Summary statement, ongoing assessment, plan					
5. Action List	To do list; timeline and ownership					
6. Situation Awareness/ Contingency Planning	Know what's going on; plan for what might happen					
7. Synthesis by Receiver	Receiver asks questions, restates key action/to do items; clarifies					

Rate the frequency with which the resident who gave the handoff did the following:

	Never 0%	Rarely 25%	Sometimes 50%	Usually 75%	Always 100%
8. Appropriately prioritizes key information, concerns, or actions					
9. Miscommunications or transfer of erroneous information					
10. Omission of important information					
11. Tangential or unrelated conversation					

How frequently did the resident receiving the handoff do the following:

	Never (0%)	Rarely (25%)	Sometimes (50%)	Usually (75%)	Always (100%)
2. Verbalize a concise, accurate summary of each patient					
3. Appear focused, engaged, and demonstrate active listening skills.					

of interruptions during handoff: _____ Interruptions was due to (circle all that apply)

Med-eval phone calls patient requiring immediate intervention other _____

13. Rate your overall impression of the pace of the handoff:

☐ Very slow pace/
Very inefficient ☐ Slow pace/
Inefficient ☐ Optimally paced/
Efficient but not rushed ☐ Fast/pressured pace ☐ Very fast/pressured pace

Figure 3 Observation Tool: Version 1 (V1)

implementation. ED compliance with I-PASS for this data was reviewed from March 2017-December 2017.

Faculty observers would select one resident handoff to observe during the group sign-out. Individual (single provider to provider) handoffs occurring outside of the designated group sign-out were excluded during this phase of the project. Observations were done by trained faculty using an I-PASS observation form developed by the I-PASS Institute (version 1 [figure 3](#)).²⁵ This form used a Likert Scale to assess a resident's overall handoff (multiple patient handoffs during one group sign-out).

Initial feedback during baseline observations revealed that the observation form was difficult to use and too

subjective despite the video training. Therefore, in July 2016, the project team made modifications to the observation form to improve objectivity and usability. Consensus agreement led to the revised form (version 2 (V2) [figure 4](#)), and the video training was updated to reflect the changes. The V2 form was made available for observations 23 August 2016.

Observations occurred via convenience sampling when faculty observers were available during both clinical and non-clinical time. Observation forms were made available in the group handoff work area. Following the observation, faculty observers were required to input their results

I-PASS Study
Verbal Handoff Assessment: Faculty Observation

Time of Rounds: _____ Date: ____/____/____ (mm/dd/yy) Obs. Start Time: ____:____ am/pm Obs. End Time: ____:____ am/pm

How well do you know the patients whose handoff you are evaluating? VERY WELL SOMEWHAT WELL NOT AT ALL

Please indicate the type of handoff you observed Individual Team

Total # of patients rounded on during ALL of group sign out: _____
of admitted patients (boarders): _____
of patients still needing to be seen (red): _____

Name of person being observed: _____ Name of person receiving handoff: _____

	ILLNESS SEVERITY		PATIENT SUMMARY		ACTION LIST		SITUATIONAL AWARENESS		SYNTHESIS		Appropriately prioritizes key information, concerns, or actions		Miscommunications or transfer of erroneous information		Omission of Important information		Tangential or unrelated conversation	
	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO	YES	NO
PATIENT 1 HANDOFF																		
PATIENT 2 HANDOFF																		
PATIENT 3 HANDOFF																		
PATIENT 4 HANDOFF																		
PATIENT 5 HANDOFF																		
TOTAL YES																		
TOTAL HANDOFFS																		

How well did the resident receiving the handoff do the following:	Very Poor	Below Average	Average	Above Average	Excellent
Verbalize a concise, accurate summary of each patient					
Appear focused, engaged, and demonstrate active listening skills					

of interruptions during handoff: _____ Interruptions were due to (circle all that apply)

Med-eval phone calls patient requiring immediate intervention other: _____

Rate your overall impression of the pace of the handoff:

Very Slow pace/ Very inefficient Slow pace/Inefficient Optimally paced/Efficient but not rushed Fast/pressured pace Very fast/pressured pace

PLEASE REMEMBER TO EMAIL RESIDENT RECEIVING HANDOFF WITH THE DOCUMENT UNDER THE G: DRIVE → IPASS MOC → EMAIL

Modified IPASS observation tool: VERSION 1: Handoff Assessment: Faculty Observation or verbal handoff
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Figure 4 Observation Tool: Version 2 (V2)

in a shared Microsoft Access programme for future data analysis.

To assess attitudes towards the intervention, a one-time preintervention and postintervention survey was sent out via email to faculty, fellows and residents after implementation. This survey consisted of a Likert Scale (strongly disagree, disagree, neutral, agree and strongly agree),

and percentages were calculated as a sum of agree and strongly agree for each question.

Measures

The primary measure was to reach 80% compliance with the I-PASS handoff tool during group sign-out within a 6-month period. Compliance was defined as correctly

Table 1 Project QI Measures

Measure	Description	Type of measure	IOM domain	Tracking mechanism
Proper use/compliance	Percentage of handoffs that meet 90% of I-PASS components correctly	Process	Efficiency/safety	Observation
Omissions during handoff	Percentage of handoffs with omission of key information	Outcome	Safety	Observation
Time	How long it takes to complete group handoffs with I-PASS as compared with group handoff prior to I-PASS	Balance	Timely/efficient	Documented during group sign-out/ observation
Time to disposition	Time from when a patient is signed up by an attending to when a disposition order is placed	Outcome	Equitable/efficiency/ patient centred	Internal EMR tracking

Quality Improvement measures with description, type of measure, IOM domain achieved, and tracking mechanism. EMR, Electronic Medical Record; IOM, Institute of Medicine.

Figure 5 Run chart: Compliance with I-PASS use during group sign-out from February 2016 to February 2017. PDSA, Plan-Do-Study-Act; v2, version 2.

using the components of I-PASS in each sign-out session. Data were analysed monthly and discussed among project participants to identify barriers and areas for improvement.

To further assess handoff standardisation's impact on patient safety, percentage of handoffs with omission of key information, miscommunications and tangential information was evaluated as outcome measures. Omissions were defined as any information necessary to adequately provide patient care that had to be added by a supervisor during handoff. Miscommunications were defined by any need for clarity or correction by a supervisor during handoff, and tangential information was considered if topics unrelated to the patient were discussed.

As a balance measure, time to complete group sign-out was monitored and compared with prior data (table 1).

ANALYSIS

We measured the success of our intervention through traditional QI methods and descriptive statistics. Prior to the development of the V2 observation form, the modified Likert Scale developed by the I-PASS Institute was used, and percentages were calculated.

In August 2016, the revised observation form (V2) was finalised and used for all subsequent data collection. The observation form was iteratively changed from percentage ranking to categorical for ease of use and accuracy. Compliance was calculated by taking the mean of total yeses over the total number of handoffs for each specific component of I-PASS. Any handoff that had a mean of 90% or more was considered compliant.

To follow changes over time, percentage of compliant handoffs was compared monthly during the study period

and plotted on a run chart with our aim documented in a horizontal line and times of interventions plotted for reference. Sustainability data were plotted in the same manner.

Deficiencies in handoffs including omissions, tangential conversations and miscommunications were tracked, and totals were calculated on a month-to-month basis during the study period as well. Time to complete handoffs was also documented as nominal values and plotted over time as individual data points on a run chart. Descriptive statistics were used to analyse attitudes.

Ethical considerations

The Institutional Review Board for the Protection of Human Subjects determined the project to be exempt from review as QI.

RESULTS

Fourteen faculty providers participated in observations of handoffs. From February 2016 to February 2017, there were a total of 202 observations, of which 198 were used for data collection and four were excluded due to missing data. Of the 198 observations, 18 (9%) served as baseline or preintervention data and 180 (91%) as the postintervention study period. The average number of patients handed off per resident handoff was three (range 1–5, with 4–8 residents per sign-out). Variability with regard to total number of observations per month occurred with a substantial drop off in December, likely attributed to convenience sampling with decreased observer availability and increased census.

Preintervention data (from February 2016 to May 2016) showed that 0% of handoffs were compliant with

Figure 6 Run chart: handoff deficiencies during group sign-out from February 2016 to February 2017.

the I-PASS handoff tool. The percent omissions of crucial information per handoff ranged from 12% to 18%, tangential information ranged from 2.5% to 3.6% and miscommunications were not identified in this sample. Following stepwise implementation, including education (27 May 2016), poster placement, email reminders and the initiation of observations (1 June 2016), compliance with the I-PASS handoff tool steadily improved on a monthly basis, reaching 80% compliance within 6 months, 100% within 7 months and sustaining at 100% compliance during the remainder of the study period

(figure 5). The average percent of omissions of crucial information per handoff had a steady decline as well from 18% to 8.3% during the final month of the study period, which was a decrease of 53%. Average percentage of tangential information as well as percent of miscommunications per handoff did not show a steady decline and averaged 3% and 3.8%, respectively, over the study period (figure 6). With regard to our balance measure, the average length of handoffs was 20 min, which did not differ from the preintervention time to complete handoffs noted in a previous study.²⁰

Figure 7 Run chart: postimplementation I-PASS compliance following hospital-wide implementation (results specific to paediatric emergency department). PDSA, Plan–Do–Study–Act.

Faculty and Fellow Satisfaction Survey Results

Resident Satisfaction Survey Results

STATEMENT	Fellow/Faculty A&SA		Resident A&SA	
	Pre	Post	Pre	Post
Handoff promoted Closed Loop Communication	23.8%	100.0%	40.0%	100.0%
handoff helped me assess acuity	71.0%	100.0%	60.0%	80.0%
during handoff I have clear tasks for disposition	66.7%	100.0%	80.0%	93.0%
handoff promoted efficiency of care	71.4%	85.7%	87.0%	80.0%
handoff promoted patient safety	81.0%	90.5%	80.0%	93.3%
I am satisfied with the handoff process	42.9%	52.4%	20.0%	40.0%
I had to Clarify info at least 50% of the time	19.0%	4.8%	60.0%	20.0%
Disposition should be made a priority	90.5%		60.0%	

Figure 8 Provider preintervention and postintervention perception survey results for residents and faculty/fellows.

To assess sustainability, compliance in the ED following hospital-wide implementation of I-PASS was reviewed from March 2018 to December 2018. Data from this period showed an initial decline in compliance to 40% in March as well as a decline during the month of July to 30%, likely due to the start of new residents and fellows. With further required interactive educational workshops for hospital-wide faculty and fellows and a resurgence of observations, there was a steady increase in compliance to our initial aim of 80% by November 2017 (figure 7).

The preintervention and postintervention survey, sent out in January 2017, had 36 responses with an overall response rate of 23% made up of 15% residents (15 responses) and 36% faculty and fellows (21 responses). Results showed

that providers felt I-PASS handoff promoted closed-loop communication, allowed for proper assessment of patient acuity, provided clear action lists to disposition patients and promoted patient safety (figure 8).

DISCUSSION

Although the I-PASS handoff tool was developed for the inpatient setting, we were able to demonstrate its applicability to the ED setting and met our aim of 80% proper use of the I-PASS handoff tool during group handoffs with sustainable results. Observations demonstrated a decrease in the percent of omissions per handoff by 50%, but we did not see any significant change in the percent

of handoffs with tangential information or miscommunications. Despite provider perceived changes in timeliness using I-PASS during group handoffs (survey 1), the time to complete sign-out did not change and remained as an average time of 20 min. Additionally, faculty feedback revealed that providers noticed residents no longer repeating handoffs again after group handoff, thus improving overall efficiency. Although not conclusive due to low response rates, survey results did reveal a perceived improvement in communication, patient prioritisation and task management. A perception of improved patient safety likely played a crucial role in our ability to change culture within the ED, a necessary key driver in any QI initiative.

Successful implementation and maintenance of I-PASS in the ED were highly attributed to the buy-in by key ED and QI stakeholders, as well as the accountability that inevitably comes into play when one is being observed. Faculty members and PEM fellows held residents accountable for using I-PASS and were able to use the sign-out sessions as an opportunity for education and real-time feedback.²⁷ Additionally, the offering of MOC Part 4 was an important factor to further incentivise faculty participation in observations. This also allowed for regular group feedback sessions to identify barriers, determine areas for interventions and provide internal support of our efforts.

Using I-PASS in the ED is impactful in multiple ways. Given that The Joint Commission identified standardisations of sign-out procedures as a 2008 National Patient Safety Goal as well as the ED's vulnerability to medical errors during transfer of care, a standardised approach to handoffs in the ED was overdue.^{9 12 28} The I-PASS collaborative's successful implementation in multiple settings, proven improvement of patient safety and structure made it ideal for the ED.^{9 14 17} Through our initiative, we demonstrate that I-PASS can be a useful tool in the ED, contributing to a culture of safety and improving communication.

Limitations

We encountered limitations while implementing this study in our ED. Enforcing faculty and fellow education on I-PASS with an online module was difficult, a recognised limitation of online education.²⁹ Additionally, despite our desire to survey residents on specific safety events related to handoffs, these events were rarely reported, likely out of fear of adverse consequences or a lack of ease with the reporting process.^{30–32} Initial efforts also hoped to follow time to disposition as a potential outcome measure, but this was confounded when other factors, including the hours expansion of an onsite urgent care centre in August 2016 that made it difficult to isolate handoffs as a causal source for time to disposition. While modification of the observation tool greatly improved ease of use for observers, the change made statistical evaluations of predata and postdata difficult.

Future directions

Since the implementation in the ED, with the help of institutional QI leadership, grant funding and the I-PASS Institute, hospital-wide implementation of I-PASS has occurred throughout our paediatric, surgical, anaesthesia and obstetrics/gynaecology departments. Lessons learnt from this QI initiative have driven the success of hospital-wide implementation and include the continued offering of MOC Part 4, multiple education modalities, gaining early support from local QI leadership and using observation sessions as an opportunity for teaching, reinforcement and accountability. Future directions for I-PASS use within the ED hope to focus on individual handoffs at the bedside to encourage patient and public participation, as well as ED to inpatient transfers.

CONCLUSIONS

I-PASS is an applicable tool for handoffs in the ED and contributes to a perceived culture of safety through QI methodology. Successful implementation is highly dependent on diversifying educational modalities, key stakeholder support, personal accountability and incentivising participants.

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Data availability statement All data relevant to the study are included in the article or uploaded as supplemental information.

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