Appendix 2

AIM

Leadership and Culture

Psychological safety and safety culture

Promote culture of staying with absence rather than flight mode - leaving food vs time out of dining room

Qualified staff/shift co-ordinator to be present in the dining room

HCA weekly meeting

Update Dining room rules

Booklet - Dummy guide to dining room

Staff training/training for agency staff

Pre and post meal groups

Consistent staff approaches

Staff confidence and competence around CBT-E and application to the dining room setting

Communicating dining room rules/expectations and rationale including changes

Staff eating with patients/not eating with patients or communication around this to manage expectation

A clear plan for staff to follow if a patient is snuggling in the dining room

Enable Night staff to ensure breakfast prep is completed

Allocated person to prep dining room to have protected time, not to be put on observations before dining room times

Floating person in the dining room at meal times - trained and engaged

Preparation Checklist

Organisation

Food provision

Adequate stocking and provision of food choices

Physical Environment inc. temperature

Staffing allocation to ensure premeal preparation

Nondefined changes: something around the way patients are 'called' for mealtimes and responsibility for own time keeping

E G a bell and 5 minutes reminder

Staff and patients attending dining room in a timely fashion

To reduce eating disordered behaviours at mealtimes by 50% for patients on the seclusion pathway and 25% for patients on the crisis pathway by 1st December 2020.

The definition for eating disordered behaviours in this context has been defined as a set of behaviours and grouped into categories.